



Mission

The Elizabeth Stone House is committed to countering the effects of trauma and breaking the cycles of violence and abuse — one family at a time. Through residential and community support services, the Stone House helps families heal and women reclaim control over their lives.



Support Group Schedule

Community Support Groups

These groups run throughout the year at the Elizabeth Stone House, and new participants are welcome. For more information, please call Ruth Rollins at (617) 409-5413.

Relapse Prevention Group	Thursdays 4:00-5:30
Domestic Violence Support Group	Thursdays 6:00-7:30
Junta De Mujeres (Spanish DV Support Group)	Thursdays 3:30-4:30

In addition to these ongoing support groups, the Elizabeth Stone House also offers the following programs during the year. Please call Ruth Rollins (617) 409-5413 or Tanya McLean (617) 409-5412 for more information about start dates and times.

- Nurturing Group:** *An 11 week curriculum-based parenting program focusing on developing healthy parent-child relationships.*
- Anger Management:** *A 10 week group that teaches healthy strategies to understand and change problematic expression of anger.*
- Moms' Support Group:** *A peer support group that combines practical parenting strategies with understanding and insight from other parents.*
- Personal Economic Planning:** *This program helps participants attain financial literacy and move toward economic stability.*
- Learn to Earn:** *This group teaches job search skills, including how to identify, apply, and interview successfully with potential employers.*